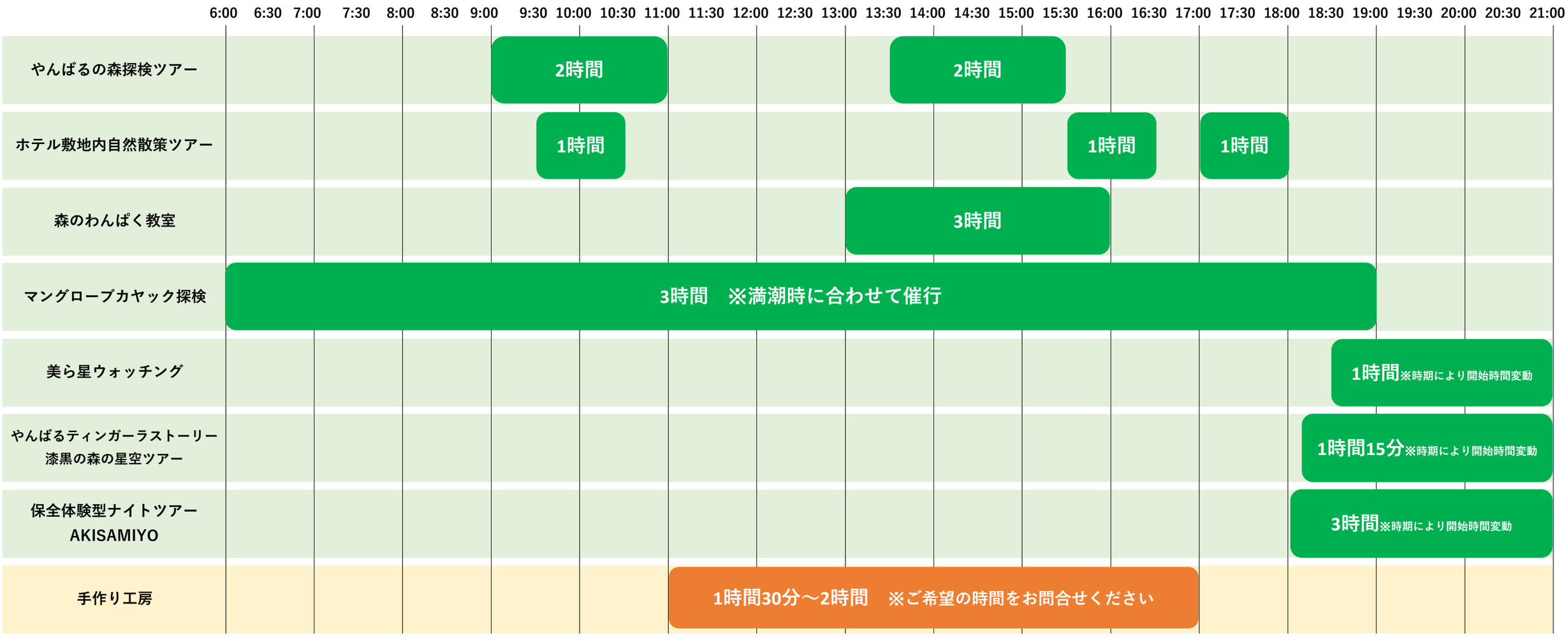エコツアータイムテーブル